

Detailed Programme (Updated as of 14 October 2006)

	Day 1 20 th Oct 06 (Friday)	Day 2 21 st Oct 2006 (Saturday)	Day 3 22 nd Oct 2006 (Sunday)
AM	Keynote & Plenary	Clinical Protocols: Bio-identical Hormones, Nutrition & Traditional Chinese Medicine	
		Track A BHRT, Nutrition & Ageing	Track B Integrating TCM, Nutrition & Functional Medicine
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8.00am	Registration of participants and guests	Chair (Day1) – Dr. Ang Poon Liat BHRT certification course <i>Opening Remarks</i>	Track Overview Chair – Dr. Chin K.N. <i>Integrating TCM</i> Dr Swee Yong Peng (SIN)
8.45am	Welcome address by Dr. Sylvester Yong (SIMS President) Opening speech by Mr. Wong Yew Meng Chairman, Health Promotion Board	<i>Origins</i> Dr. Jonathan Wright (USA) <i>Steroids – Introduction & Definition</i>	<i>Introduction to Functional Medicine</i> Dr. Daniel Lukaczer (IFM, USA) <i>Estriol and the Estrogen Quotient</i> <i>Introduction to Lab testing</i>
9.15am	Keynote Address 1 – Overview and Scope of IM in Asia-Pacific in relation to the Economics of Health Care Prof Avni Sali (AUS) Chair – Dr. Low Cze Hong	Dr. Christa Hinchcliffe (USA)	<i>Introduction to Nutritional and Environmental Medicine</i> Prof Ian Brighthope (AUS)
10.00am	Tea Break	Tea Break	Tea Break
10.30am	Keynote Address 2 – Overview and Scope of IM in North America in relation to the Economics of Health Care Dr Jonathan Wright (USA) Chair – Dr. Alex Fok	<i>Estrogens, Progesterone, DHEA, Testosterone: Practical Applications for Women</i> <i>Supporting Literature Review</i>	Chair – Drs. Chin KN / Victor Seah <i>Eating Ourselves to Death: The Obesity Epidemic</i> Dr Steven Joyal (USA)
11.15am	Keynote Address 3 – Overview of Nutrition in Medicine Dr. Steven Joyal (USA) Chair – Dr. Chung Sook Yin	Dr. Christa Hinchcliffe	<i>Evaluation of lab tests used in Bio-identical hormone replacement therapy</i> Dr. Jonathan Wright Chair – Dr Ian Lee <i>Assessment and Treatment of Gastrointestinal related disorder: Clinical Applications using the Functional Medicine Model</i>
12.00pm	Keynote Address 4 – Integrating TCM in Medical Practice & Health Care Prof P.C. Leung (HK) Chair – Dr Swee Yong Peng		Dr. Daniel Lukaczer (IFM, USA)
12.45pm	Eu Yan Sang sponsored lunch and talk [visit exhibitors]	FPP sponsored lunch and talk by Dr. Pierre Mantello (FRANCE)	Lunch

Afternoon Sessions

	Day 1 20 th Oct 2006 (Friday)	Day 2 21 st Oct 2006 (Saturday)	Day 3 22 nd Oct 2006 (Sunday)		
PM	Keynote & Plenary	Clinical Protocols: Bio-identical Hormones, Nutrition & Traditional Chinese Medicine			
		Track A BHRT, Nutrition & Ageing	Track B Integrating TCM, Nutrition & Functional Medicine	Track A BHRT, Nutrition & Ageing	Track B Integrating TCM, Nutrition & Functional Medicine
2.00pm	Integrating Complementary and Alternative Medicine (Symposium I) Chair – Dr. Sylvester Yong <ul style="list-style-type: none"> Overview of Integrative Medicine in Asia (Dr. Siva Poobalasingam) Yoga (Dr. Sat Bir S. Khalsa) Integrating Ayurveda with Modern Medicine (Dr. C.D.Siby) QiGong (Lee Wai-Ching) 	BHRT certification course <i>Adrenal Fatigue: Steroid Treatment, Nutrient and Botanical Support, Cell Therapy</i> <i>Supporting Literature Review</i> Dr. Jonathan Wright	TCM Herbs <i>Classification of Chinese Herbs</i> Ms. Ong Puay San	BHRT certification course <i>Aldosterone, Potassium Channels & Age-related hearing loss</i> <i>2- hydroxyestrogens, 2- methoxyestradiol: Anti- cancer estrogens DIM vs. 13C</i> <i>Calcium D-glucarate</i> <i>4-OH estrogen</i> Dr. Christa Hinchcliffe	Clinical Nutrition & Functional Medicine Chair – Dr. Victor Seah <i>Fresh cell therapy and therapy of the Arthrose with embryonalen cells</i> Dr. Burkhard Aschhoff (GER)
2.45pm	Q&A				
3.15pm	Tea break [visit exhibition]	Tea break [visit exhibition]	Tea break [visit exhibition]		
3.45pm	Integrating Complementary and Alternative Medicine (Symposium II) Chair - Dr. Ann Tan <ul style="list-style-type: none"> Live Cell therapy (Dr. Bukhard Aschhoff) Integrative Dentistry (Dr. Gan Siok Ngoh) Colonic Hydrotherapy (Dr. Sylvester Yong) Biomedical approach to autism (John Yeo) Integrative medicine: The Philippine Experience (Dr. Edwin Bien) Biomedical approach (Dr. Sunderdas Annamalay) 	<i>Testosterone: Practical Application for Men</i> <i>Supporting Literature Review</i> <i>Natural Modulation of Testosterone Metabolism: Chrysin, Myomins, Urtica, Saw Palmetto</i> Dr. Jonathan Wright	Chair – Prof Yeoh KH <i>Cancer</i> Prof Avni Sali (AUS)	<i>Effective elimination of Fibrocystic Breast Disease – the Myers protocol</i> <i>Estrogen-thyroid interactions</i> <i>Evaluation of lab tests</i> Dr. Jonathan Wright End BHRT certification course	Case Studies 3.30 – 5.00pm Panel Prof Yeoh Kian Hian (Chair) All speakers & Dr. Ann Tan Dr. Ian Lee Dr. Victor Seah Prof Peter Lim Dr. Tan Soon Kiam Dr. Sylvester Yong
5.00pm	Q & A				
5.30pm	End Day				

Evening programme

Day 1 20 th Oct 2006 (Friday)	
7.00pm	Cocktail Reception
8.00–9.30pm	<p>Chair – Dr. Alex Ooi</p> <p>Subscription Dinner Lecture</p> <p><i>“Introduction to Functional Medicine”</i></p> <p>Dr Daniel Lukaczer</p> <p><i>“Overview of Nutrition & Bio-Identical Hormones”</i> [Commencement lecture of certification course]</p> <p>Dr Jonathan Wright</p>

SIMS launch & Faculty Dinner 19 th Thursday	
6.30pm	Cocktail Reception
7.30–9.30pm	<p>Chair – Dr. Sylvester Yong</p> <p>Faculty Dinner</p> <p><i>Welcome & Inaugural Address by SIMS President</i></p> <p><i>Biomedical Approaches to Autism</i> Dr. Ang Poon Liat</p>

Public Talk 22 nd Sunday	
1.15pm	Registration
2.00–4.00pm	<p>Chair – Dr. Ajith Damodaran</p> <p>Bioidentical Hormones & Clinical Nutrition for Ageing & Women’s Health</p> <p>Dr. Jonathan Wright</p> <p>Dr. Steven Joyal</p>
4.00-5.00pm	<p>Life Extension</p> <p>Dr. Burkhard Aschhoff (GER)</p>